



Dear parents,

This year, Mountainview Elementary School is once again participating in the yearly “Jump Rope for Heart” event where students and their families, friends, and others will have 4 weeks to raise funds, online, in support of the Heart and Stroke Foundation of Canada. This foundation redistributes the funds that are raised for a multitude of different capacities concerning heart disease and strokes. Your child(ren) will either have had a discussion with me about Jump Rope for Heart or with Miss Kayla, depending on the class. Your child will receive, this week, a Jump Rope for Heart post card with a QR code as well as the website to take you to our Jump Rope for Heart fundraising page.

Last year, Mountainview Elementary School was able to raise an impressive **\$4 553** during the Jump Rope for Heart fundraising. Our best school record is of **\$5 595** which we accomplished in 2024. This year, we are looking to beat that record by at least \$1, with a goal of **\$4 554**. Through the QR code you received from your child, or through this link [Mountainview Elementary School - Deux-Montagnes | Heart & Stroke Jump Rope for Heart](#), you will find any information regarding the fundraising for our Jump Rope for Heart event. Once registered, you will be able to customize your fundraising page to your liking. Plus, there are numerous ways to share the fundraising page with others who are willing to contribute to our fundraiser, including an easy-to-use QR code!

In addition to all of this, depending on how much students can raise, students will be receiving online gift cards from their choice of Amazon, Indigo, Dollarama and Wal-Mart! All information can be found on the [JumpRopeForHeart.ca](#) website.

This year, our event date will be on **Thursday, May 14<sup>th</sup>**, where classes will be rotating through a series of heart-activating stations, outside in the schoolyard, as a celebration for the end of the fundraiser.

We thank you so very much in advance for your generosity and cooperation and wish everyone a fantastic 4 weeks of fundraising!

Simon Rother  
Physical Education  
Mountainview Elementary School